

SOMA LORNA JANE

The Day Spa

SPA THERAPY

Longevity Lift Facial — 90 mins | \$290

Body Alignment • Warm Towel Foot Compressions • Personalised Cleanse & Trio Exfoliation • Scalp Massage • Hand, Arm & Décolletage Massage • Signature Lifting Facial Massage • Botanical Actives & Peptides • Alginate Masque • Queen of the Night Crème • Foot Massage

A Mukti Organics skin ritual to lift, sculpt and illuminate

A grounding welcome ritual with warm towel foot compressions allows the first moments of surrender, before a personalised cleanse and trio exfoliation awaken the skin and prepare it for Mukti Organics Signature Lifting Facial Massage. A soothing scalp massage and nurturing hand, arm and décolletage massage encourage deeper relaxation as precise sculpting techniques work to revitalise facial contours and restore a naturally lifted appearance. Potent botanical actives and biomimetic peptides are layered into the skin to replenish hydration and support healthy skin function, alongside a foot and lower leg massage as the cooling Alginate Masque infuses. The finale arrives with our Queen of the Night Crème, a crowning crescendo of ceramides and peptides, the complexion is left firmer smoother and luminous.

SPA THERAPY

SOMA Immersion — 90 mins | \$280

Full Body Brushing • Warm Body Masque • Basalt Stone Back Massage • Foot Massage • Cocoon Wrap • Foundational Facial • Scalp Massage • Hand, Arm, Décolletage Massage

A Mukti Organics ritual for body, mind and skin

Full body brushing begins the experience, sweeping away dullness and awakening the skin. A warm Botanique Body Masque is melted over the body before a comforting basalt stone back massage and nurturing foot massage encourage the pause you've been craving. Cocooned in warmth, the body rests as nourishing botanicals replenish the skin.

As the body unwinds, a personalised Mukti Organics Foundational Facial unfolds. Botanical actives replenish hydration, support barrier function and restore skin to its healthy best. Top to toe, inside and out. Centred. Refreshed. Ready.

SPA THERAPY

Ground & Glow — 90 mins | \$280

Back Exfoliation · Hot Stone Placement · Mineral Hot Towel Compressions Feet · Back Cleanse and Massage · Gua Sha Foot & Lower Leg · Gentle Facial Elements · Scalp Ritual

Resurfacing to stillness.

An immersive treatment designed to refine the skin and invite deep rest. Dry body brushing and the Mukti Botanique Resurfacing Wrap smooth and refine the skin across the back and shoulders, while basalt stone placement and cocooning warmth create space to slow down and simply rest.

Warm mineral foot compressions welcome you back, before a soothing back massage and signature Gua Sha foot and lower leg sequence restore a sense of lightness and flow. A refreshing facial cleanse and massage, followed by a nurturing scalp ritual, complete the experience. Skin soft. Body relaxed. Mind clear.

MASSAGE RITUAL

Flow & Surrender — 90 mins | \$240

Hawaiian Lomi Lomi Massage · Chi Nei Tsang Abdominal Massage · Hot Stone Therapy

Long flowing massage strokes inspired by Hawaiian Lomi Lomi dissolve tension and invite the mind and body to surrender into a deeply regulated place. Heated river stones deepen the work, leaving trails of warmth that soften muscle tissue and invite the nervous system into a profound state of ease.

Chi Nei Tsang, a Taoist abdominal massage then works with the body's somatic centre, releasing held tension and restoring deep calm from the inside out. Assisted stretches complete the sequence, creating length and spaciousness through the body that lingers long after the treatment ends. Fluid. Freeing. Deeply restorative.

MASSAGE RITUAL

Settle & Soften — 90 mins | \$240

Hawaiian Lomi Lomi Massage · Remedial Targeted Pressure · Scalp & Facial Massage

Long and firm movements weave together a massage flow that is both deeply satisfying and restorative, while also settling the nervous system. Where tension has gathered, remedial touches bring focused, purposeful pressure to work somatically with muscle tissue, returning the body to its natural state of ease.

Stretches create length and openness, dissolving the accumulation of a busy life. The treatment closes with a scalp and facial massage, an unhurried, grounding finish that brings the whole system into stillness. Connected. Purposeful. Completely held.

SPECIALIST TREATMENT

Peace & Stillness — 90 mins | \$280

Personalised Consultation · Traditional Chinese Acupuncture

This treatment begins with a considered consultation, allowing our acupuncturist to understand where you are - physically, emotionally, energetically to design a treatment entirely for you.

Drawing on the principles of Traditional Chinese Medicine, fine needles are placed with precision to restore the flow of qi, address imbalance and support the body's innate capacity to heal. Depending on your needs, treatment may focus on the face, the body, or both - working with specific meridians to ease tension, regulate the nervous system, encourage vitality and bring the whole system back into alignment.